



An Invitation To Be Involved in *Russia*



You are invited to become involved in Russia!

Several options are available for your involvement. You may choose to be involved as individual chapters or as part of a united effort in Region 6. Some of these activities are more appropriate for individual chapters and do not lend themselves to joint effort- these will be identified as such. Others can be accomplished through the efforts of many chapters in Region 6. The projects we have identified are in two categories: **humanitarian/professional assistance** and/or **visits to Russia**.

Assisting with Humanitarian and Professional Endeavors

1)Support for Orphans in Novgorod. An STTI Chapter activity of selling Russian handicrafts (small pins and brooches) as a fund raiser for an orphanage in Novgorod. This activity involves the following steps:

- a. The Chapter will receive from Sean McGivern seanmcg140@aol.com a set of handicrafts with an inventory list that includes suggested prices for sale of each item. The selling price includes the cost of the item that Sean has to pay for the item as well as an amount of “profit” that will be donated to the orphanage in Novgorod. This should be arranged about 3-6 months prior to the events chosen where the items will be sold. Work with Sean to decide on the number of items you think you can sell.
- b. Receive the items for sale and prepare them by marking each of them with the suggested selling price.
- c. When all events are over, send any unsold items and **all monies** to Sean McGivern. Sean will reimburse himself for his original cost for the items and will donate the remaining money to the orphanage for such items as clothing and hygiene and/or school supplies for the children.
- d. Sean will send a final report to each Chapter that includes the amount of monies donated and the project these monies funded. By including a list of names and addresses of any person(s) who buy \$40 or more of Russian souvenirs, Sean will be able to make sure these people receive a thank you letter from the orphanage with pictures drawn by the children.

Cheryl Rowder’s Comment: Beta Beta-Dallas conducted this project in 2005. She states “It was especially nice that it did not involve an investment upfront. The items were especially popular as Holiday presents and included such things as hand painted pins, nesting dolls, etc. It was heart warming to see pictures of the children in their new coats that this project provided. Sean is very reliable and organized and made this project very easy.”

2) Support a Project for a Children's Rehabilitation Center in Novgorod. Consider either a chapter or Regional activity of helping a Children's Rehabilitation Center in Novgorod with one or both of their **publishing projects:**

- a. A brochure to educate the community as well as solicit donations. Cost of printing this brochure is 12 cents a copy. 250 are needed at a cost of \$36.00.
- b. This center uses a publication "**Overcoming**" to share stories & challenges faced by families raising a disabled child. These stories highlight similarities and challenges that families share whether from Russia or the United States. It has been several years since the first publication (utilized in Russia and in Kansas, Massachusetts, and New Hampshire) was produced and used to educate and support families with disabled children. It is now important to produce additional stories and to present them in English as well as Russian. (An example brochure is available in English for your examination).
- c. Each booklet costs \$10 to prepare & print. This project is to print 50- 100 booklets at a cost of \$500- \$1000. This would be a wonderful chapter or Regional project.
- d. Some of these booklets can be available for use in **your** area rehab centers and/or with families who are facing these challenges. Your chapter may wish to contribute an amount for these extra booklets in addition to your contribution toward the Novgorod Rehab booklet project.

3) Community Hospices in Pskov and Yaroslavl. Pskov, a city of about 200,000 people, is southwest of St Petersburg and dates from the 8th century, while Yaroslavl is a city of about 600,000 that is northeast of Moscow and was founded in 1010. These two community hospices have similar needs to provide care for their patients. The needed items and costs are:

- Medicine - \$250 to \$500USD per hospice
- Portable Toilets - \$40 each (up to 30 are needed for both hospices)
- Bed Linens - \$30 per bed (up to 30 are needed for both hospices)
- Pictures to brighten the walls - \$30 to \$100

4) Russian Nurses' Association(RNA) Publication/Printing of Resource Materials The RNA needs assistance to publish or print some resource materials.

These materials are:

- a. Manual for Operating and Bandage Nurses.: book with algorithms of nursing care for various kinds of surgeries and the different types of bandages required. Number of copies to be printed is 1,000 at a total cost of \$9,000USD
- b. Examination Manual for Operating Room Nurses. This manual is to assist operating room nurses prepare for the examination they must take every 5 years to maintain their license. This manual contains information on the requirements set forth for operating room nurses by the Ministry of Health and practice multiple choice test questions. Number of copies to be printed is 1000 at a total cost of \$10, 900 USD.
- c. Printing of the Materials for the 2008 Russian Nurses' Association Congress. Congress is to be held in December and this cost is to print the Congress proceedings with major presentations and

abstracts of other presentations. Number of copies to be printed is 2,500 with soft cover at a total cost of \$9,200USD.

Note: STTI Region 6 Chapters can donate money for one or more of these items and one or more of these humanitarian projects. To do so, please identify the item(s) and how many of that item(s) you wish to direct your money for purchase.

- 1) The Region 6 Vision 2020 Director will be the first person to contact with your chosen activity.
- 2) The chapters of Region 6 (or individuals) will send their checks to the Vision 2020 Director who will ensure that they are deposited in a “Russian Fund Bank Account” created for this Regional Project. Each check should be labeled on the memo line with the project it supports. Sean will be in charge of having the Russian facility send a receipt and thank you note.
- 3) Please let me know if you have any ideas that could improve this process and we can discuss these on our first conference call.