SUSTAINABLE DEVELOPMENT
GOAL OF THE MONTH

NOVEMBER

2 ZERO HUNGER

About Sustainable Development Goal (SDG) #2: Zero Hunger

End hunger, achieve food security and improved nutrition and promote sustainable agriculture.

Fast Facts

- More than 790 million people suffer from hunger worldwide.
- In sub-Saharan Africa, more than 50% of adults face moderate to severe levels of food insecurity.
- In 2014, over 150 million children under age 5 were affected by stunting as a result of undernutrition.
- Chronic undernutrition is associated with impaired cognition and reduced school performance. Affected children are at a greater risk of dying from infection.

Chapter Event Ideas

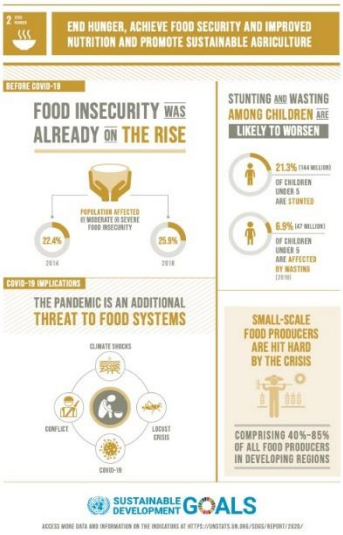
- Partner with local grocery stores and restaurants for a community project to reduce food waste and donate leftover food.
- Financially support an organization that is working to improve food storage systems worldwide.
- Sponsor a campaign that promotes Climate-Smart Agriculture (CSA).
- Partner with an agency to teach farmers new techniques and provide them with modern tools to help them grow a greater range of livestock and crops.
- Hold a viewing party for a documentary on food insecurity such as *Starved: Our Food insecurity Crisis* or *A Place at the Table*.
- Organize a food drive to collect both perishable and non-perishable items to donate to community members in need.

Sigma Chapter Event Example

Eta Chapter at Large worked to raise money for the Greater Pittsburgh Food Bank and continue to provide support to this organization. They also worked with Magee-Womens Hospital to provide "Angel Gowns," small dresses that are provided to families of infants who pass in the hospital.

Individual Ideas

- Use social media to share items available from the UN:
    - UN.org/sustainabledevelopment/hunger/
    - GlobalGoals.org/2-zero-hunger
    - Use Sigma's handles and hashtags to share your work with the Sigma community. Examples include @SigmaNursing, #WeAreSigmaNurses, and #SigmaGlobal
- Donate to organizations fighting for food security such as Action Against Hunger or Rise Against Hunger.
- Volunteer at local food banks, soup kitchens, or meal packing organizations.
- Invest in farm-to-market programs that connect small farmers to local economies.
- Reduce your personal food waste by shopping and eating mindfully.
- Read a book highlighting food insecurity such as *How to Feed the World* by Jessica Eise or *The Unending Hunger: tracing Women and Food Insecurity Across Borders* by Megan A. Carney.



Sample Social Media Message

"With more than a quarter of a billion people potentially at the brink of starvation, swift action needs to be taken to provide food and humanitarian relief to the most at-risk regions."

Additional Resources and References

SigmaNursing.org/Global

GlobalGoals.org

GlobalGoals.org/2-zero-hunger

UN.org

UN.org/sustainabledevelopment/goal-of-the-month

UN.org/sustainabledevelopment/hunger/

https://trello.com/b/ZSvAISST/sdg-editorial-calendar